

# **NSPS**

# **Term 1 2026**

# **Menu**



**CONTACT US**

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Dear Students,

We are delighted to introduce our Term 1 menu, launching on 2 Jan 2026, specially prepared for Northshore Primary School.

This term, you can look forward to a vibrant mix of well-loved local favourites and popular Western classics, thoughtfully designed to suit your tastes. From fragrant rice and noodle dishes to hearty pasta meals and classic buns, each option brings together taste, comfort, and variety.

For snacks, we're excited to introduce a new addition to our jam collection — Honey Drizzle, now available in waffles and mini-mantou sets. Chicken Sausage Bun also joins the menu as a quick and tasty bite, perfect for recess!

Our full meals include Honey BBQ Chicken Chop Rice, Chicken Satay Mee Goreng, Black Pepper Spaghetti with Chicago Chicken Chop, the light Tamarind Fish Set, Vegetarian Abalone Bowl (V), and Nasi Lemak with Sambal Cuttlefish (V). To make meals even more satisfying, a hard-boiled egg topping is now available as a top-up for extra protein.

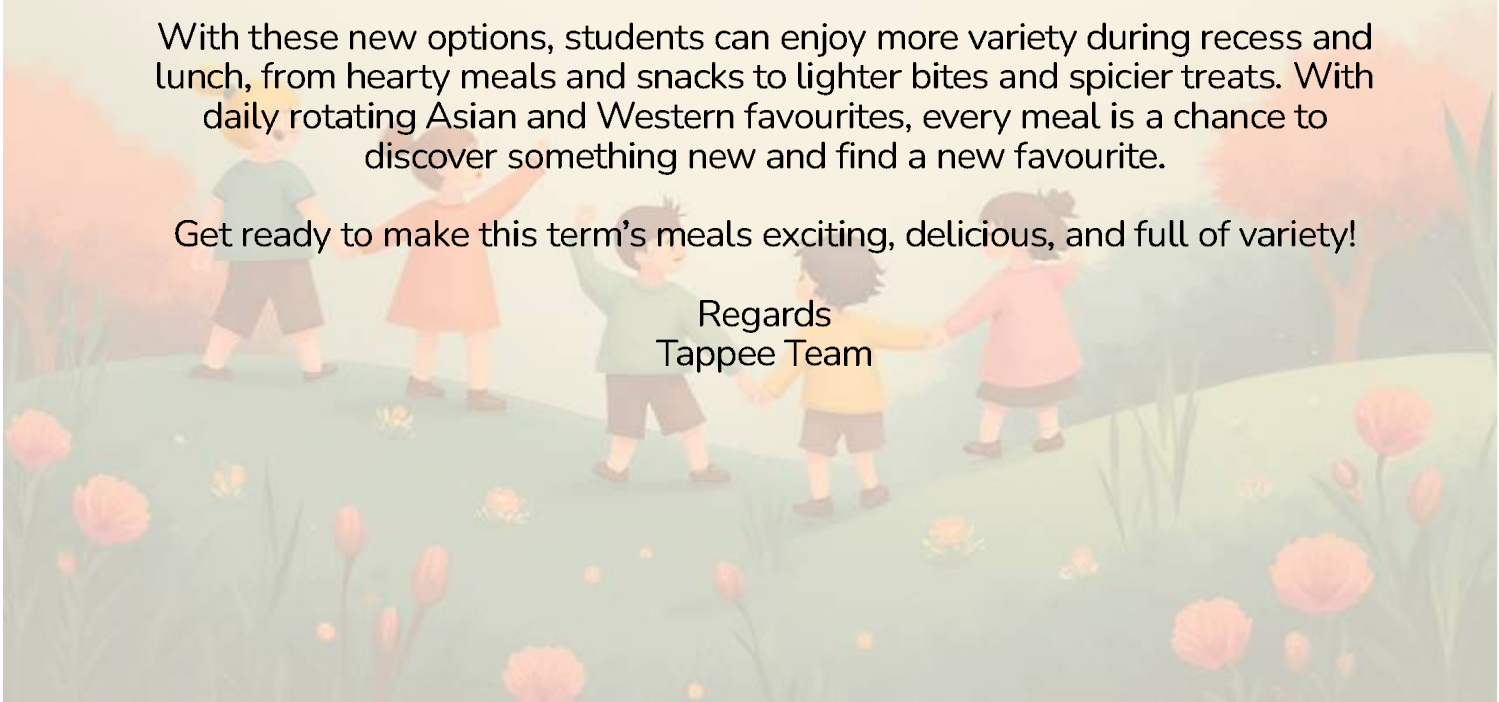
For upper primary students, our spicy dishes have been tweaked to be even more flavourful, with a bolder kick for those who enjoy a little more spice.

Adding to the excitement, our limited-time dishes for January and February are Teriyaki Chicken with Japanese Curry Udon and Sweet & Spicy Prawn in Golden Fragrant Rice — available for a short time only.

With these new options, students can enjoy more variety during recess and lunch, from hearty meals and snacks to lighter bites and spicier treats. With daily rotating Asian and Western favourites, every meal is a chance to discover something new and find a new favourite.

Get ready to make this term's meals exciting, delicious, and full of variety!

Regards  
Tappee Team



**NEW**



**Chicken Sausage  
Bun**

**NEW**



**Flavored Mantou with Kaya**

**NEW**



**Fragrant Chicken  
Mee Tai Mak**

**NEW**



**Chicken Satay  
Mee Goreng**

**NEW**



**Veg Western Rice with  
Black Pepper Sausage  
(V)**

**NEW**



**Vegetarian Abalone  
Bowl (V)**

**NEW**



**Honey BBQ  
Chicken Chop Rice**

**NEW**



**Cajun Chicken with  
Mashed Potato & Veg**

**NEW**



**LTO - Teriyaki Chicken  
with Japanese Curry  
Udon**

# Highlights of Term 1

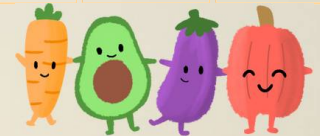
Limited Time Offer (LTO)	Serving Period
Teriyaki Chicken with Japanese Curry Udon	05 - 09 Jan
Sweet & Spicy Prawn in Golden Fragrant Rice	09 - 13 Feb







Week 1/3	Daily Snack 1	Daily Snack 2	Light Meal 1	Light Meal 2	Full Meal 1A	Full Meal 1B	Full Meal 1C	Full Meal 2A	Full Meal 2B	Full Meal 2C	Premium Full Meal
Mon	Flavoured Mantou with Kaya	Chicken Ham & Cheese Panwich (Warm)	Braised Minced Chicken Mee Tai Mak	Sweet & Sour Meatless Chicken Rice (V)	Fried Rice with Wok-tossed Hawthorn Chicken	Tangy Macaroni with Meatballs	Sweet & Sour Meatless Fish Rice Set (V)	Chicken Curry with Raisin Rice	Ultimate Duo Pasta	Sticky Teriyaki Tofu Noodle Bowl (V)	Herb Chicken with Black Pepper Mash
Tues	Potato Bravas with Chicken Bolognese	Panwich with Fruit Jam (V)	Minced Chicken & Egg Porridge	Teriyaki Tofu Seaweed Rice Bowl (V)	Spaghetti Bolognese	Chicken Satay Mee Goreng	Veg Western Rice with Black Pepper Sausage (V)	Tangy Chicken Rice	Chicken Rendang With Rice	Creamy Spinach Meatless Chicken Pasta Bowl (V)	Chicago Chicken Chop with Tomato Spaghetti
Wed	Waffles with Honey (V)	Chicken Sausage Bun	Braised Chicken Rice Bowl	Rainbow Fried Rice with BBQ Meatless chicken (V)	Sweet & Sour Chicken Rice	Hong Kong Style Noodle with Chicken Char Siew	Forest Stew with Rice (V)	HK Style Steamed Fish Rice Bowl	Murgh Makhani Chicken Rice	Mixed Veg Curry Rice with Quail Egg (V)	Paprika Fish with Pilaf Rice
Thur	Jam & Kaya Sandwich	Teriyaki Chicken & Cheese Wrap (Warm)	Fried Bee Hoon with Tangy Fish Ball	Meatless Chicken & Mushroom Porridge (V)	Claypot Chicken Rice Bowl	Dry Curry Chicken Noodle	Meatless Satay Chicken with Fried Rice (V)	Teriyaki Fish with Sesame Rice	Chicken & Broccoli Seaweed Rice	Stirfried Hawthorn Meatless Chicken Rice (V)	Turmeric Raisin Rice with Tandoori Chicken & Veg
Fri	Flavoured Mantou with Honey	Grilled Chicken Sandwich (Warm)	Bee Hoon with Egg & Chicken Ham	Golden Slice Noodle Bowl (V)	Fragrant Chicken Mee Tai Mak	Hainanese Chicken Rice Bowl	Nasi Lemak with Sambal Cuttlefish (V)	Sweet & Sour Fish Rice	Char Siew Chicken Rice	Teriyaki Meatless Chicken with Fried Rice (V)	Teriyaki Chicken Burger with Buttered Corn



Week 2/4	Daily Snack 1	Daily Snack 2	Light Meal 1	Light Meal 2	Full Meal 1A	Full Meal 1B	Full Meal 1C	Full Meal 2A	Full Meal 2B	Full Meal 2C	Premium Full Meal
Mon	Waffles with Fruit Jam (V)	Potato Bravas with Chicken Bolognese	Sausage Mac & Cheese	Mee Goreng with Golden Slice (V)	Braised Chicken Porridge Deluxe	Dry Curry Chicken Noodle	Forest Stew with Rice (V)	Tangy Chicken Rice	Meatball Pomodoro Pasta	Mixed Veg Curry Rice with Quail Egg (V)	Grilled Cajun Chicken with Mashed Potato & Veg
Tues	Flavoured Mantou with Honey	Chicken Ham & Cheese Sandwich (Cold)	Chicken Ham Fried Rice with Omelette	Nasi Goreng with Meatless Chicken (V)	Spaghetti Bolognese	Ayam Masak Merah Rice Set	Vegetarian Sweet & Sour Chicken Rice (V)	Cheesy Baked T&P (Tuna & Pasta)	Swedish Chicken Meatballs with Mash	Yakisoba with Teriyaki Meatless Crispy Chicken (V)	Chicago Chicken Chop with Tomato Spaghetti
Wed	Mash & Cheesy Chicken Meatball	BBQ Chicken Sandwich (Warm)	Braised Minced Chicken Mee Tai Mak	Veg Sausage Mac & Cheese (V)	Nasi Goreng with Sambal Egg	Chicken Satay Fried Rice	Vegetarian Abalone Bowl (V)	Murgh Makhani Chicken Rice	Soya Chicken with Quail Egg Rice with Stir-fry Cabbage	Crispy Meatless Popcorn Noodle Delight (V)	Oyakodon Rice Bowl
Thur	Panwich with Fruit Jam (V)	Mashed Potato with Chicken Sausage	Pumpkin Rice with Fishball	Fried Bee Hoon with Vegetarian Curry Fishball (V)	Tomato Mushroom Chicken Pasta	Chicken Curry with Rice	Bee Hoon with Tomato Scrambled Egg (V)	Mongolian Chicken Rice	Fish Curry with Steamed Rice	Bulgogi Meatless Chicken Noodle (V)	Baked Chicken Chop in Black Pepper Sauce
Fri	Egg Mayo Sandwich (Cold) (V)	Teriyaki Chicken & Cheese Wrap (Warm)	Flavoured Rice with Chicken Olio	Mixed Wholemeal Pasta with Veg Bolognese (V)	Sliced Fish Hor Fun	Banger & Mash	Veg Meatless Hor Fun (V)	Spaghetti Carbonara	Tamarind Fish Set	Braised Meatless Chicken with Potato Rice Bowl (V)	Mushroom Chicken Burger with Buttered Corn

